



STEP - Siracusa Trekking Experience Project is a naturalistic and cultural association which aims to promote the natural features, the places, the history, the traditions and the flavors of the south-east of Sicily. We lead you to the discovery of the most famous natural sites in the province of Siracusa and also to discover the less known places but equally fascinating and evocative, employing highly skilled hiking guides trained by Federescursionismo Sicilia. Our goal is to offer you an authentic experience in contact with nature peppered with professionalism and love for our land.

Equipment required: hiking shoes or trainers, cap, water, sunscreen (swimwear in summer season).

*On Etna, temperature is from 10 to 15°C less than sea level so bring layered clothing

Good health and not suffer from heart issues in particular with the cardio-respiratory system it is necessary to participate in our excursions

In the event of adverse weather conditions, the path may be subject to changes.

**In July and August, the hike can do walking upriver, therefore it is essential to be able to swim.



+39 3358086973 (Federico from Siracusa)
+39 3388565116 (Amilcare from Catania)
info@step-siracusatrekking.it
 STEPsiracusatrekking
 www.step-siracusatrekking.it



Vendicari



L'oasi faunistica di Vendicari è nota per la sua straordinaria bellezza e l'unicità del suo ambiente dunale: i suoi pantani ospitano oltre 250 specie di uccelli. L'area è inoltre impreziosita da spiagge incantevoli e da elementi storico-culturali di raro pregio, come la tonnara e la Torre Aragonese.

Programma:

- Birdwatching dai capanni della riserva
- Visita del vecchio stabilimento della lavorazione del tonno e della Torre Aragonese
- Illustrazione della vegetazione di Vendicari
- Sosta bagno (facoltativa)
- Difficoltà: 1/5
- Durata escursione: 9:00-14:00
- Minimo 2 persone

Vendicari "fauna oasis" Natural Reserve is known for its extraordinary beauty and uniqueness of its dune environment: its marshes are home to over 250 species of birds. The area features also charming beaches and historical and cultural elements with unique value, such as the tuna station and the Aragonese Tower.

Tour description:

- Birdwatching from the shacks of the Natural Reserve
- Visit of the old tuna station and the Aragonese Tower
- Illustration of the Vendicari vegetation
- Swimming experience (optional)
- Difficulty: 1/5
- Excursion duration: 9:00-14:00
- Minimum 2 people



ESCURSIONI - EXCURSIONS

Pantalica Cavagrande Vendicari Etna

Pantalica



Pantalica è uno dei siti più rappresentativi dell'area iblea. In questa riserva, natura, storia e archeologia si fondono offrendo al visitatore uno scenario unico e suggestivo. Una necropoli risalente all'Età del Bronzo, patrimonio dell'Unesco, con 5000 tombe rupestri si staglia lungo bianche e strapiombanti pareti calcaree. Nel fondovalle scorre il fiume Anapo, che costituisce un habitat ideale per un raro salmonide autoctono: la "trota macrostigma".

Programma:

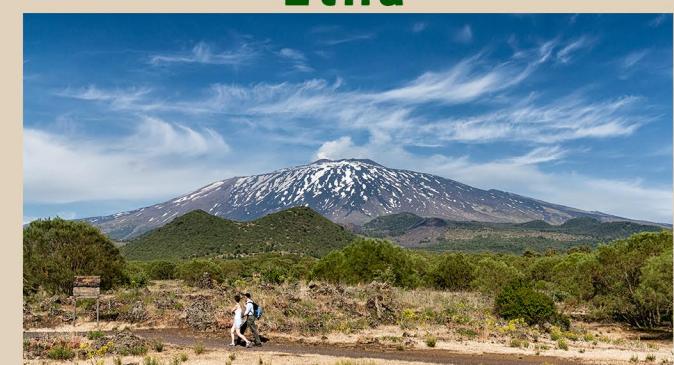
- Descrizione degli aspetti floristici e faunistici
- Visita degli abitati rupestri tardo-medievali
- Panoramica sulle necropoli presenti.
- Difficoltà: 3/5
- Durata escursione: 9:00-15:00
- Minimo 2 persone

Pantalica is one of the most representative sites of Hyblean area. In this reserve, nature, history and archaeology blend offering visitors an opportunity to experience a unique and charming environment. A necropolis, dating back to the Bronze Age (Unesco World Heritage site), rises high with its white and sheer limestone cliffs with 5000 tombs dug in the rock. The river of Anapo flows in the valley and it constitutes the ideal habitat for a rare native salmonid: the macrostigma trout.

Tour description:

- Description of the flora and fauna of the area
- Visit of the medieval rock-cut dwellings
- Overview of the necropolis
- Difficulty: 3/5
- Excursion duration: 9:00-15:00
- Minimum 2 people

Etna



Il Monte Etna è il più alto vulcano attivo d'Europa che, con i suoi 3340 metri circa, offre uno spettacolo imponente e maestoso. L'Etna, patrimonio dell'Unesco dal 2013, racchiude in sé un'incredibile varietà paesaggistica: brulle colate laviche si alternano a lussureggianti boschi di querce, betulle e pini e a vaste praterie di astragalo dell'Etna, una delle piante endemiche di questo vulcano.

Programma*:

- Descrizione degli aspetti botanici e geologici
- paesaggi mozzafiato camminando su crateri laterali inattivi
- visita di una grotta di scorrimento lavico con torce ed elmetti
- Difficoltà: 2/5
- Durata escursione: 8:30-15:30
- Minimo 3 persone

Etna is the highest active volcano in Europe, actually about 3340 mt high shows an impressive and massive sight. Mount Etna, an Unesco site since 2013, offers to the visitors amazing landscapes: lava deserts alternate with lush forests of oaks, pines and birches and vast grasslands of Etna astragalus an endemic plant of this volcano.

Tour description*:

- Description of botanical and geological aspects
- Easy walking on inactive flank craters with a breathtaking view
- visit of a fascinating "lava tube" with torches and helmets
- Difficulty: 2/5
- Excursion duration: 8:30-15:30
- Minimum 3 people